



VOLUME 14. ISSUE 2.  
**OCTOBER 2010**

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Title 1 Conference

# the **Communicator**

## **PERFECT WEATHER + PASSIONATE PRESENTERS**

### **= PROJECTEARTH 2010**

*By Sandra Cordie, Director of Educational Programs*

Does collecting tadpoles, discovering dragonfly larva, reeling in a sunfish, and journaling on a piece of birch bark with ink made from elderberries sound like a great day at school? For the students who attended the Second Annual ProjectEARTH event, these and many other activities were a part of the day.

ProjectEARTH is a nature and environmental science conference for 7th and 8th grade students who were lucky enough to experience nature first hand with exciting activities incorporating the Earth and its important resources. This daylong conference was held on October 7th on the campus of St. John's University and in the Saint John's Arboretum.

Stan Tekiela, naturalist and photographer, began the day with a slide show presentation on the fascinating Common Northern Loon, Minnesota's state bird. Tekiela shared folklore and facts about the loons with students. "Did you realize that there is a 100% mortality rate if a loon swallows a lead sinker?" Tekiela stated. He urged everyone to go home, check your tackle box and get rid of lead sinkers.

Students had the opportunity to experience, appreciate, and learn to become stewards of the natural environment through presentations and hands-on learning. The presenters are experts in their field. They are passionate about helping the students understand the importance of how their actions affect the world around them.

Kurt Mead leads the Minnesota Odonata Survey Project (MOSP). Students in his session captured and identified dragonflies. "Because the weather was so nice and warm, the dragonflies were actually out. It needs to be about 60 degrees or warmer for them to fly," said Mead. "Today was a perfect day for studying dragonflies."

Saint John's Arboretum and Sauk River Watershed District (SRWD) were co-sponsors of the event along with Resource Training & Solutions. Sarah Gainey, assistant director of the Arboretum, Jeff Wubbels, SJU Events Coordinator, and Adam Hjelm, SRWD, served on the planning and organizing committee. This event is coordinated by Sandra Cordie, Director of Educational Programs at Resource Training & Solutions.

When asked what the favorite session was, one young man stated, "Fishing. I dominated... I caught 10 fish!" There is nothing like catching a fish to make the day outstanding. *More photos on pages 7-8.*

**Resource**  
Training & Solutions  
A Minnesota Service Cooperative



from the  
**EXECUTIVE DIRECTOR**  
Robert C. Cavanna, Ed. D.



1. From the Executive Director
2. School Improvement  
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10. Interactive Whiteboards
11. Health & Safety Welcome  
Fall H & S Products for Sale
12. Resourceful Moments
13. Ask the Benefits  
Specialist
14. Calendar of Events

I hope that your school year has gotten off to a good start. We had the opportunity on September 29th to affirm some individuals in their work and contributions to education. Look for the article on Customer Appreciation to learn about these very fine individuals who are also true professionals.

In this issue, I'd like to tell you about another ASCD book. It's *How to Assess Higher Order Thinking Skills In Your Classroom*. The author is Susan Brookhart who is a former teacher, professor at Duquesne University and now an educational consultant. She is also the author of several other books.

Teachers know it's important to get students to engage in "higher order thinking." Many teachers believe they are assessing higher order thinking skills when in fact, they are not doing that kind of assessment. How can K-12 teachers assess it across the disciplines and what does it actually look like in reality? Susan Brookhart answers these questions and more in this very straightforward, practical guide to assessment that can help teachers determine if students are actually displaying the kind of complex thinking that current content standards emphasize.

Dr. Brookhart lays out the principles for assessment in general and for assessment of high order thinking in particular. She then defines and describes aspects of higher thinking according to categories established in leading taxonomies giving guidance on how to assess students in the following areas:

- Problem solving
- Creativity
- Analysis, evaluation
- Logic and reasoning
- Judgment
- Thinking

Examples from actual classroom teachers include multiple-choice items, constructed-response (essay) items and performance assessment tasks. Readers will learn how to use formative assessment to improve student work and then use summative assessment for scoring or grading.

This book is for teachers at every level in all subject areas. It provides essential background, sound advice and thoughtful insight into an area of increasing importance for the success of students in the classroom and in life too.

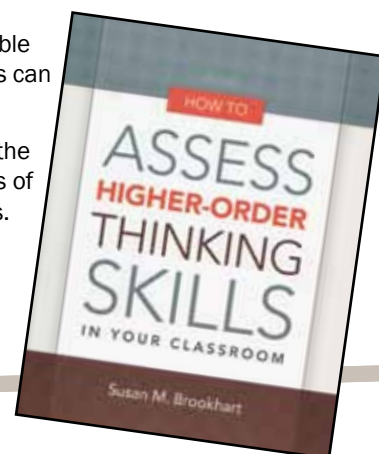
If you'd like to order a copy of this book, call ASCD at (800) 933-2723, ext 5634. You can also borrow it from our Media Center.

In conclusion, I believe that thinking is a teachable and learnable skill and should not only be taught to high achievers. Teachers can expect, teach, and assess thinking skills for all students.

The work you do everyday in the classroom manifests itself in the thousands of students who are positive, contributing members of our society. Thank you for your commitment and contributions.

*Robert C. Cavanna*

**Dr. Robert C. Cavanna**  
Executive Director



# school improvement: CONTINUING THE JOURNEY WITH A BOUNCE IN OUR STEP

...the structure and setting up systems for this success has been important, it is only part of the equation. The most critical component has been the team work of all of our staff...

By John Beach, Princeton North Elementary Principal

North Elementary, in Princeton, is a grades 3 – 5 school with 800 students. We had been on the AYP Needs Improvement list for 3 years in a row. In 2007 we did not make AYP for subgroups in reading and math, in 2008 for reading, and 2009 for math. In 2010, we made AYP in all areas for both reading and math.

Our journey really began in 2005 when we were one of the first nine schools in the state to be trained in Positive Behavior Interventions and Supports (PBIS). This framework gave use the positive environment to support all students socially. Over the last five years we have reduced negative behavior by nearly 50 percent.

As we created this positive environment and developed a Response to Intervention (Rtl) model for behavior, we also began implementing the Rtl model for academics. During the 2008 – 2009 school year we changed our schedule to provide 30 minutes a day for reading interventions for each grade level. In the spring of that year, we met AYP in all areas for reading.

In the following year, 2009 – 2010, we continued PBIS, the reading interventions and then added basic skills assistants to for math interventions. We were able to support about 200 students everyday with 15 – 20 minutes of additional math support. In the spring of 2010, we continued our reading success on the MCA as well as making AYP in all math areas.

It has been an incredible journey for us. Even though providing the structure and setting up systems for this success has been important, it is only part of the equation. The most critical component has been the team work of all of our staff, the positive relationships we have made and nurtured with students, and the partnerships we have created with families.

Faced with increasing AYP consequence, the entire school community at North Elementary pulled together as a very large family and trusted each other to do this great work. We continue our journey this year with a bounce in our step and the confidence to take on the challenges ahead, and grow as we head into the future.



## RESOURCE TRAINING & SOLUTIONS

# REGIONAL CHESS TOURNAMENT

SATURDAY, JANUARY 29, 2011

9:00 a.m. - 2:30 p.m.

Check in—8:30 a.m.

DISCOVERY SCHOOL 700 S 7th St  
Waite Park - 320-251-7770

Visit <http://www.resourcetraining.com/Event/10182>.



## Creativity Class List

TIME: 5:00 – 8:00 p.m.

LOCATION: Resource Training & Solutions

### SMORE A Math Focus Using Daily 5 Concepts

Monday November 8th, 2010 (#8387)

A first grade classroom teacher will share her ideas of modeling and stamina building for students to independently work on math skills while the teacher/s are able to confer one-on-one or teach students in a small group setting. The participants will also become familiar with the SMORE board. Participants will make a pensieve notebook, math centers, and a SMORE board for him/herself.

### Guided Math= Stress-Free Weekends

Monday November 15th, 2010 (#8423)

This wonderful session will include make and take stations to use right away in the Fall to motivate your students. You will see examples of Guided Math schedules and different ways to instruct. You will get ideas on how to set up your classroom and learn how to meet each child's needs using a "Kid Watch System."

# celebrate SUCCESS.



32ND ANNUAL

## customer APPRECIATION

CELEBRATION & AWARDS SOCIAL

The 32<sup>nd</sup> annual Customer Appreciation Celebration and Awards Ceremony was a 'magical' event!

Resource Training & Solutions is honored to host this annual meeting as a way to recognize their members as well as celebrate the successes over the past year. On a beautiful September afternoon and early evening, over 100 members and guests attended this event filled with many friends, food and fun.

The room was a buzz throughout the motivational, magic filled presentation by Tim Cimbura. Cimbura encouraged us all to recapture the magic, and create a better life. As members left, they were encouraged to be Awesome Today!

Most of us agree there is a need for play in our lives. People are craving to move beyond information in order to create actual experiences that allow them to live with passion, hope and meaning. Cimbura approaches life and work success from the lessons childhood taught everyone, and reminds us to recapture the magic we had as children to live more balanced, healthier, productive and meaningful lives.

Dr. Rob Cavanna and his staff were delighted to recognize a number of members and partners for their professional excellence. The support the award recipients received from their families, friends and co-workers was heart-warming. The acceptance speeches given by each award recipient were both entertaining and enlightening.

During the reception, guests enjoyed hors d'oeuvres and desserts as well as great conversations with other guests. Tim Cimbura strolled through the room demonstrating magic tricks. A number of wonderful door prizes donated by local vendors were also given away throughout the evening.



### OUTSTANDING SERVICE AWARDS

MEG LITTS, ISLE SCHOOL DISTRICT  
STEVE NIKLAUS, ANNANDALE SCHOOL DISTRICT

### OUTSTANDING COMMUNITY AWARD

CITY AND SCHOOL DISTRICT OF MORA  
KANABEC COUNTY AND KANABEC HOSPITAL

### OUTSTANDING PARTNERSHIP AWARD

HEALTHWAYS

### WEM AWARD

(WHITNEY & ELIZABETH MACMILLAN FOUNDATION)

JERRY SHOUTS, DELANO SCHOOL DISTRICT

### WELL WORKPLACE AWARDS

OGILVIE SCHOOL DISTRICT  
CROW WING COUNTY

A special thank you to Walden University, Blue Cross/Blue Shield, and Healthways, our corporate sponsors, for supporting this year's Customer Appreciation Celebration and Event.

**CHECK OUR "RESOURCEFUL MOMENTS" ON PAGES 13 AND 14 FOR MORE SHOTS OF THE EVENT.**

"THE BEST WAY TO FIND YOURSELF IS TO  
LOSE YOURSELF IN THE SERVICE OF OTHERS."  
MAHATMA GANDHI

# 32nd annual CUSTOMER APPRECIATION



**ABOVE:** CROW WING COUNTY. Gwen Anderson, Rob Cavanna, Patty Ludwig, Ken Anderson, Resource Board of Directors.



**LEFT:** Dawn Bergman, Rob Cavanna, Heidi Trow, Tammy Biery



**RIGHT:** Rob Cavanna, Jerry Shouts



**ABOVE:** Dan Weber, Craig Schultz, Rob Cavanna, Kim Carlson, Ken Anderson, Resource Board of Directors, Joel Dhein.

THANKS TO THE FOLLOWING ORGANIZATIONS FOR HELPING MAKE THIS EVENT SPECIAL AND CELEBRATORY:

- BATTERIES PLUS
- BRANDL MOTORS
- BREMER BANK & INVESTMENTS
- BROWN & BIGELOW
- DEATONS MAILING SYSTEMS
- CDWG INC
- CONTINENTAL PRESS
- FOOD SERVICES OF AMERICA
- GALLIARD CAPITAL MANAGEMENT
- IKON OFFICE SOLUTIONS
- LIGHTSPEED
- MIDWEST PLAYSCAPES
- OFFICEMAX
- PIZZA RANCH
- PROSTAFF
- SCHOLASTIC EQUIPMENT, CO.
- SHORT STOP RESTAURANTS
- TIERNEY BROTHERS
- WALDEN UNIVERSITY



**ABOVE:** Rob Cavanna, Meg Litts.

**BELOW:** Peg Imholte, Jay Berg, Rob Cavanna, Kate Cekala.



**RIGHT:** Rob Cavanna, Steve Niklaus



# ACHIEVE ROCKSTAR PARENTING STATUS!

## FAMILY EDUCATION CLASSES

**Becoming a Love and Logic® Parent**  
Tuesdays, November 9, 16, and  
23, 2010 (8347)

6:30-9:00 p.m.

\$45.00/person • \$65/two people

Learn simple, low stress communication techniques that are effective with children from toddlers to teens.

- Raise your odds of success by learning how to avoid power struggles
- Guide your children to solve their own problems
- Learn communication strategies
- Model and teach responsibility

Learn how to raise your children without raising the roof!

**Childhood and Adolescent Depression: Hope for the Future**  
Thursday, November 18, 2010  
7:00-9:00 p.m. (8348)

\$15.00/person • \$25/two people

Just like adults, children and adolescents can suffer from depression. Recent studies show that as many as 1 in every 33 children may have depression; among adolescents, the ratio may be as high as 1 in 8. It is important for adults to understand the basic facts about childhood depression so they can help the children and adolescents in their world. Join us for a discussion about this very important topic.

**The Gifts of ADHD**  
Tuesday, January 18, 2011  
7:00-9:00 p.m. (8349)

\$15.00/person • \$25/two people

Attributes of children with ADHD can be: creativity, thinking outside the box, high energy level, and passion.

Come to this class to learn how to:

- Harness and channel these attributes
- Help your child make more appropriate choices
- Reduce conflict in your relationship with your child
- Empower your child to self advocate

Visit [www.resourcetraining.com](http://www.resourcetraining.com) to register or for class descriptions, details, and additional classes.

# FEATURED school specialists

By Stacy VanBatavia,

**Graphics & Communications Specialist**

At Resource we recognize the vast number of school specialists it takes for schools to run smoothly. We know you hit the ground running this fall and are already embedded in your important work. It is our hope that we are able to feature/highlight more of our members throughout the school year, and to shed some light on the great work they do everyday.

This issue highlights a few of the Administrative Assistants in schools around our region. As an extremely busy Administrative Assistant, their time is often divided in so many different areas – so we would like to share some of the things they do everyday to support their school(s).

## 1. HOW LONG HAVE YOU BEEN EMPLOYED WITH YOUR DISTRICT?

JANET DOTZLER - 1 year

KATHRYN EHLERS - 13 years

ANGELA OSWALD - Employed 5 years this December.

BARB FUCHS - 12 years

CHRIS HOYLES - I started as a para in the Career Center in the High School, January 2004, for two and a half years. Then I was fortunate to work as the High School Principal Secretary for two years before being hired as the Executive Assistant/Office Manager in July

JESSI FAHEY - I have been employed by East Central for 2 years.

JON HULL - I worked at Ortonville ISD 62 from 1962 through 1977 (15 years) and then at Sauk Rapids-Rice ISD 47 from 1978-present (32 years)

JAN FITZPATRICK - I began my employment at HLWW in the fall of 1990.

## 2. WHAT PROJECT/TASK DO YOU MOST ENJOY DURING A TYPICAL DAY?

JANET DOTZLER - Recycling junk mail! It's so quick and efficient!

KATHRYN EHLERS - There are many--meeting people, newsletters, new communication projects

ANGELA OSWALD - Anything data-driven.

BARB FUCHS - Answering questions and helping parents with questions or concerns with their child's needs and education.

CHRIS HOYLES - This is a tough question because each day is so different and not typical. This position has a lot of variety (back to school preparation, new hires, insurance, election, seniority lists, contracts, etc.) and I enjoy so much of it that it really depends on what project I am working on.

JESSI FAHEY - I actually enjoy preparing for board meetings.

JON HULL - I enjoy interaction among students, staff, parents, and School Board members the most. Coming a close second is research, public records retention, and policy.

JAN FITZPATRICK - That would be very hard to choose – I love my job because I enjoy the contact I have with the parents, the students, and the staff! What better job could I have that lets me know and be part my communities!



**NOT PICTURED:**  
Janet Dotzler  
Foley Public Schools

Angela Oswald  
Princeton Public  
Schools

Barb Fuchs  
ROCORI School  
District

Chris Hoyles  
Mora Public Schools

Jon Hull  
Sauk Rapids-Rice

**THANK YOU  
ADMIN ASSISTANTS  
FOR PARTICIPATING!**

**WHO'S UP NEXT?  
Community Ed  
Directors**

# ADMINISTRATIVE ASSISTANTS

**SPECIAL NOTE:** Without their help, the Communicator would never reach your desk! So thank your Administrative Assistant(s) in helping the Communicator reach its destination...YOU!

### 3. WHAT IS A FAVORITE SCHOOL MEMORY YOU LOOK BACK ON?

**JANET DOTZLER** - Saying good bye to everyone as they left for the day and I was sitting in the testing closet amidst of piles of MCA tests sorting and double checking.....

**KATHRYN EHLERS** - Art classes

**ANGELA OSWALD** - Watching my kids participate in sports.

**BARB FUCHS** - I don't have a specific memory that I look back on as much as I have great memories of the times our community and staff have pulled together when someone needed help or an event caused problems for others.

**CHRIS HOYLES** - Especially this time of the year, as students are celebrating homecoming, being crowned Homecoming Queen in 1987 is a special memory for me.

**JESSI FAHEY** - One of my favorite school memories is homecoming and snow week festivities.

**JON HULL** - Ortonville is a VERY rural school district. When school opened in the fall, each and every student riding a bus had to have an alternative "home" in town in the event weather prohibited transportation home. This usually worked well, but I recall a long, long night chaperoning students in the gym whose families had not made the proper arrangements.

**JAN FITZPATRICK** - One of my favorite memories was the year our district was named "Exemplary Music School Program" winner for the State of Minnesota. The celebration we had was an absolute tribute to the staff and students who made and continue to make this a wonderful asset for our communities. What a fun time we had! Of course building the new high school for our students has also been a joy. It is such a lovely building that enhances the great things we have to offer in our district.

### 4. WHAT EXCITING THINGS ARE YOU LOOKING FORWARD TO THIS SCHOOL YEAR?

**JANET DOTZLER** - Ditto #3. (I'm also the District Assessment Coordinator)

**KATHRYN EHLERS** - We have many changes in staffing and programs this year. It will be interesting to see where they lead.

**ANGELA OSWALD** - First time in 17 years I won't have to wake any kids up for school - they're all graduated!

**BARB FUCHS** - We are going through a construction project that is going to be very beneficial to our school system when it is completed and I look forward to watching it come to its completion by the start of the 2011-2012 school year.

**CHRIS HOYLES** - This is my third year as Executive Assistant, each of my first two years were with different Supts., so I am looking forward to a second year with the same Supt. We had a year to learn from what works what does not work and this year I look forward to being a better, more efficient assistant to the Supt.

**JESSI FAHEY** - I have two daughters (5 yrs, 2 yrs) and one on the way early March. I am currently going to school FT to obtain my K-8 Elementary teaching license.

**JON HULL** - This school year brings the seventh superintendent with whom I have had the privilege to work with and for. In addition, not only have we experienced changes in a number of administrative positions, but the district has employed more than 15 new teachers. It is a joy to come to work every day during these exciting times.

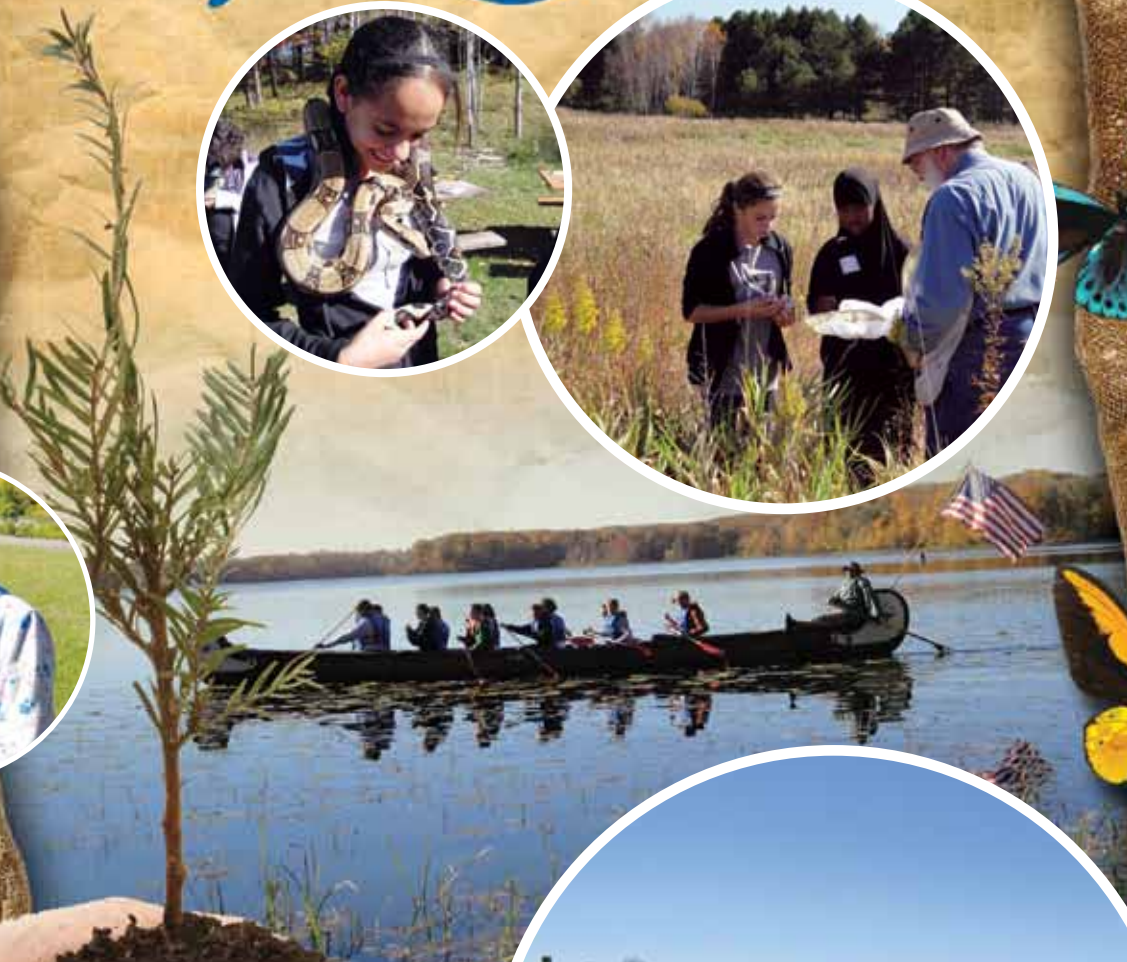
**JAN FITZPATRICK** - Another year of all the excitement school life brings. It all happens in a flash and before you know it, June is here again! I tell people that once I began working for the school my life doesn't go by years anymore, it goes by quarters!



SAVE THE DATE to be inspired by our Keynote Speaker Mary Dank at the Paraprofessional/Title 1 Conference January 19, 2011. Her unique presentations on "Small & Mighty" and "Always on the Sunnyside" will encourage you to embrace your unique teaching techniques, and leave you refreshed and ready to get back to your students. Watch our website at [www.resourcetraining.com](http://www.resourcetraining.com) for more information on this event.



Project **EARTH** 2010



# students experiencing **PROJECT EARTH**

## What was your favorite session/presenter?

Planting trees. It was a lot of fun knowing you're helping out. Student from Elk River School District

Canoeing. It was a team effort, and the weather was perfect. So fun! Student from Foley School District

My favorite session was the forest part because I got to see things that I haven't seen.  
Maureen from Elk River/ Rogers Middle School



## How did the session go for you?

Today was great!!! I would love to come back in the future! Going canoeing by far was the best!  
Cameron from South Jr. High



## What was your favorite session/presenter?

Amazing Reptiles because I love reptiles and you get to handle them. Student from Rogers School District

# ACHIEVE ROCKSTAR PARENTING STATUS!

**Becoming a Love and Logic® Parent  
Saturday, February 5, 2011 (8350)**

9:00 a.m.- 4:00 p.m.

\$45.00/person • \$65/two people

Learn simple, low stress communication techniques that are effective with children from toddlers to teens.

- Raise your odds of success by learning how to avoid power struggles
- Guide your children to solve their own problems
- Learn communication strategies
- Model and teach responsibility

Learn how to raise your children without raising the roof!

**A Look at Anxiety and Anxiety Disorders in Children**

**Thursday, February 17, 2011 (8351)**

7:00-9:00 p.m.

\$15.00/person • \$25/two people

Anxiety disorders are among the most common mental, emotional, and behavioral problems to occur during childhood and adolescence. Youth with anxiety disorders typically experience intense fear, worry, or uneasiness that can last for long periods of time and significantly affect their lives. If not treated early, anxiety disorders can lead to social/emotional, relationship, academic issues or further mental health concerns later in life. We will be looking at some signs and symptoms to be aware of what help is available and what parents/caregivers can do.

**Becoming a Love and Logic® Parent  
Thursdays, March 17 and 24, 2011**

4:00-8:30 p.m (8352)

\$45.00/person • \$65/two people

Learn simple, low stress communication techniques that are effective with children from toddlers to teens.

- Raise your odds of success by learning how to avoid power struggles
- Guide your children to solve their own problems
- Learn communication strategies
- Model and teach responsibility

Learn how to raise your children without raising the roof!

Visit [www.resourcetraining.com](http://www.resourcetraining.com) to register or for class descriptions, details, and additional classes.

# THE RED SHIRT CREW

## ENJOYS APPRECIATION PICNIC

“WE OFTEN TAKE FOR GRANTED THE VERY THINGS THAT MOST DESERVE OUR GRATITUDE.” ~Cynthia Ozick

**By Nicole Koll,  
Administrative Coordinator**

Student Conferences are a big thing at Resource Training & Solutions. These events are coordinated by Sandra Cordie and range in size from 100 to 1,000. Fortunately, we have been able to find volunteers that have become invaluable to us.

These volunteers come to us from all walks of life, but with one common interest; promoting continued learning in young minds through our events such as Science Rocks!, ProjectEARTH, Young Authors/Young Artists (YAYA) and many more. Without these volunteers, many of our events and conferences would not be able to run as smoothly as they do or even occur. These individuals do everything from attaching nightcrawlers on fishing hooks at ProjectEARTH to making certain everyone gets a cookie when they walk in the door at YAYA. No matter what the job assigned to the Red Shirts, they do it with a smile on their face.

If you were to come to one of our events, you would be able to spot these volunteers very quickly as they all wear red to make it easier for the kids to spot them to ask directions, find out which session they are supposed to be at or, probably the most important question, “where’s the bathroom?”

These volunteers have become almost like family to us and we refer to them as the Red Shirt Crew. Good thing they all look awesome in red! Earlier this fall, as a small token of repayment for everything they do for us, they were treated to good food, good fun, and good company at the very first “Red Shirt Volunteer Picnic.” It was the first event where they were not assigned a job or asked to do anything other than to visit, eat and play games. Looking throughout the room was quite the sight. There was excitement in the air after someone would shout “Bingo!” and competition over who got all the answers right on the logic puzzles and quizzes. They enjoyed the day as much as we enjoy having them work with us.

Our Red Shirts deserve our gratitude and are not taken for granted. Thanks again to all our “Red Shirts”!



# schools say 'hello' to INTERACTIVE WHITEBOARDS



*Reprinted with Permission from the Herald Journal, Dassel-Cokato. By Starrla Cray, Staff Writer. NOTE: Article has been edited/shortened due to space.*

Oct. 4, 2010

McLEOD, CARVER, WRIGHT COUNTIES, MN – Remember the “old days,” when teachers used blackboards and chalk? The thought of using an interactive whiteboard to write equations, show Internet video clips, or electronically save lesson plans was far-off future technology.

Within the past few years, however, they have become commonplace in many local schools. “We have one in every elementary classroom, and one in all but three high school classrooms,” Holy Trinity Schools Principal Bill Tschida said.

Howard Lake-Waverly-Winsted Middle School Principal Jim Schimelpfenig calls the boards “extremely well worth it.” “The research supports the use of these in the classroom for increased student learning,” he said. HLWW Middle School has six of them so far, in addition to some at the elementary and high schools.

“My goal is to keep adding each year,” Schimelpfenig said. There are several brands of interactive whiteboard technology, but many local districts prefer SMART boards...

...HLWW’s first two boards were purchased for young special education children, but the technology can be utilized at any grade level, for almost any subject.

This school year at HLWW, the boards are being used in Chad Gagnon’s sixth grade math class, Kim Looman’s eighth grade language arts class, Valerie Haldy’s fifth grade science class, and Travis Eldred’s seventh grade social studies class. “All of the students at least have exposure to it on a daily basis,” Schimelpfenig said...

...At Mayer Lutheran, the Spanish classes enjoy using the interactive whiteboards to learn vocabulary words. **The boards are a time-saver, according to McClintock, because they allow teachers to prepare lessons in advance, instead of writing problems on the board during class.**

Because lessons are saved, students also have opportunities for re-teaching. “If a student has a question about something taught five minutes ago, you can just go back four ‘slides,’” McClintock explained.

Lester Prairie School District also utilizes interactive technology. The boards are used in Helen Koktan’s early childhood education preschool class, Cathy Houg and Kelly Kramer’s sixth grade classes, Jane Roth’s first and second grade class, Lacy Schramm’s social studies class, and Michael Bjork’s science class.

## LOCAL DISTRICTS ARE EXCITED ABOUT THE LESSON-ENHANCEMENT POSSIBILITIES THE BOARDS PROVIDE.

Contact Anthony Farag to find out how to get interactive whiteboards in YOUR classroom.



## IS YOUR SMART BOARD NOT FUNCTIONING PROPERLY?

### FREE HELP TO MEMBERS

- Do you need help troubleshooting your SMART® Board?
- Is your SMART® Board causing you problems during important lessons?
- Is something just not working quite right?

Resource Training & Solutions offers FREE help to our members with their SMART® Board needs/questions. Contact Anthony Farag with anything that may arise and he’ll assist you in getting that SMART® Board working properly. Anthony recognizes the possibilities the boards provide (and have seen LOTS of SMART® boards in action), and want to make sure you are able to utilize this important tool to the max!

ANTHONY FARAG  
Purchasing Specialist & Trainer

phone. (320) 255-3236 or (888) 447-7032

cell. (320) 293-7478

email. [afarag@resourcetraining.com](mailto:afarag@resourcetraining.com)

## upcoming SMART open enrollment classes

November 3

SMART Level 2 (PC)

November 18

SMART Level 1 (PC & MAC)

December 9

Lesson Creation Ideas on the  
SMART Board for K-3

To REGISTER visit [www.resourcetraining.com](http://www.resourcetraining.com)

QUESTIONS about attending or setting up a SMART training with us? Contact Michelle Kutzorik at Resource Training & Solutions [mkutzorik@resourcetraining.com](mailto:mkutzorik@resourcetraining.com) or toll-free at 888-447-7032.

# HEALTH & SAFETY

## WELCOME BACK PRINCETON SCHOOL DISTRICT

By: **Wayne Warzecha, Health & Safety Specialist**

The Health and Safety Team of Resource Training & Solutions would like to extend a warm welcome to the Princeton School District who are now part of our Health & Safety services again. We are proud and excited to be able to serve Princeton School District with their health and safety needs.

Since the start of the new fiscal year we have been busy organizing files, reviewing and updating written safety plans, recycling batteries, assisting in hazardous waste removal, testing fume hoods in the Science rooms and updating chemical inventories using the Princeton School District's on-line MSDS library.

We are looking forward to working with and learning more about the Princeton School District. We appreciate their commitment to provide a safe and healthy environment for their students and employees.

## SafetySolutions SPECIAL DISCOUNTS FOR MEMBERS

### Ansell \*Touch N Tuff\* Disposable Nitrile Gloves

Touch N Tuff disposable gloves set a whole new standard in comfort, durability, dexterity, and cleanliness. Made of 100% nitrile, the gloves contain absolutely no fillers, silicones, or plasticizers. And, although they are only 4 mils thick, Touch N Tuff gloves provide three times the puncture resistance of competitive latex or vinyl gloves. 9.5 inches in length. Powder Free.

**ANE 92-600 (sizes S-XL) \$9.80 box of 100 gloves (50 pairs)**

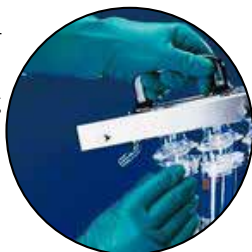


### Ansell Sol-Vex Nitrile Gloves

Embossed texture improves grip for easier handling of wet and slippery objects. These gloves are ideal for numerous applications involving chemical processing, food processing, and automotive degreasing. Strong and chemical resistant – will not weaken or swell in many solvents, caustics, or animal fats.

- Nitrile construction protects against abrasions, cuts, snags and punctures.
- Curved finger design and contoured palm help reduce fatigue.
- Full cut for easy on and off
- Contain no protein or allergens
- Will not promote contact dermatitis.
- Compliance: Approved for direct food contact.

**ANE37-185 (S-XL) \$6.60 per pair  
(18 in. Long & 22 Mil Thick, Green in Color)**



### Ansell Blue 9 1/2" TNT® 5 Mil Nitrile

Powder Free Disposable Gloves With Textured Fingers (100 Each Per Box)

TNT® disposable nitrile gloves set a whole new standard in durability and chemical splash protection. TNT Blue is an economical nitrile glove.

**ANE92-675 (S-XL) \$7.90**



### Uvex Futura™ Chemical Splash & Impact Resistant Goggles

Wrap around sports style provides excellent, panoramic vision. Frosted brow guard reduces glare. Indirect venting increases air flow. Dust, mist, impact & chemical splash goggles Fits over most Rx spectacles.

**UVX S345C \$7.50 each**



### Uvex® 9305 Classic™ Indirect Vent Goggles With Clear Frame, Clear Uvextreme® Lens And Neoprene Headband – Chemical Splash Goggles

Clear lens only and fits over most Rx spectacles.

Made in the USA, meets ANSI Z87.1-1989.

**UVX S360 \$5.50**

### 3 Laminated Steel Pin Tumbler Padlocks

1-9/16" wide laminated steel body for superior strength with hardened steel shackle for extra cut resistance. Padlock features 4-pin cylinder helps prevent picking. Dual locking levers provide extra pry resistance. Proprietary rust proofing for longer life. Thousands of key changes maximize key integrity. Each keyed differently with key number stamped on bottom of the lock.

**M193INKBLK \$8.00 M193INKBLU \$8.00  
M193INKWHT \$8.00 M193INKRED \$8.00  
M193INKGRN \$8.00 M193INKYLW \$8.00**



### Brady\* Lockout/Tagout Kit with Components

Plastic toolbox with removable tray contains necessary supplies to lock and mark equipment and prevent its use until repairs have been completed.

Includes: 0.75 in. blue padlock (1), 2 in. blue padlock (1), 1 to 2.5 in. gate valve (1), small ball valve lockout (1), lockout tags (5), labeled lockout hasp (1), small plug lockout (1), Universal multi-pole lockout (1), 277V "No Hole" lockout (1), 480/600V "No Hole" lockout (1), and wall switch lockout (1)

**Brady 65289 \$115.00 each**



# resourceful MOMENTS



Jason Scherber, Talahi Principal receives coveted door prize, presented by Ron Wieber.



Dean Jennissen- Dassel-Cokato High School and Brad Kelvington- Foley Intermediate School, network during the latest Principal Cohort.



Tammy Biery, Tom Sanders, Barb Reuter, and Andrea Preppernau enjoy spectacular hors' d'oeuvres and networking throughout the evening.



Tim Cimbura doesn't mess around when juggling knives. Good thing - some of the award recipients were in the front row!!



Steve Nicklaus, Annandale School District. His acceptance speech was definitely a highlight of the evening!

Dawn Bergman, Heidi Trow, and Debee McGovern, enjoying the evening.



Linda Erickson visits with Brad and Lorraine Force, Cokato Elementary Principal, as they enjoy their time at the Customer Appreciation Social.



Meg Litts listens to comments from Rebecca Koelln regarding her good work as a turnaround leader.

Rob Cavanna presents Darrin Strosahl, Foley Superintendent, with a gold apple.



Ron Wieber presents Beatta Hillman with a Gift Certificate during a door prize drawing.



Peg Imholte, Andrea Preppernau- St. Cloud School District, and Bruce Watkins - Superintendent of St. Cloud, visit during the Customer Appreciation Social.



## ask the **BENEFITS SPECIALIST**

Dan Weir, Insurance/Risk Management Consultant

### **QUESTION:**

I recently read there are some changes to the BCBS flu shot program. Can you explain the changes and how it works?

### **ANSWER:**

Yes, changes in Minnesota laws required BCBS to make some changes in how to set up a flu shot clinic. To find out more about how to set up a Flu Shot Clinic with BCBS, go to [Bluecrossmn.com](http://Bluecrossmn.com) and scroll down the left side of the site to Employers and click on [employers.bluecross.com](http://employers.bluecross.com). Scroll further down the left side of this page and click on: [It's time to schedule your flu shot clinic](#). This page includes the flu shot information you will need. Topics covered include: Why host a clinic; How to set up a clinic (list of participating providers), Questions and tips ([Frequently Asked Questions-FAQ](#)); and Tools and Resources (Brochures, E-mail, Intranet, Letters, Newsletter article, Posters).

Please note a very important change that was implemented last year. [Roster Bills will not be accepted for payment](#). The cost of flu shots must be submitted electronically as a medical claim for each covered member. The flu shots provided in the workplace are subject to the same benefits and member liability as those received at a provider's office or retail clinic.

Flu shots are covered under preventative care benefits, if members are enrolled in a plan without preventative care benefits, the cost of the flu shots would be a covered expense subject to the plan deductibles and co-pays and becomes a member liability.

BCBS has set up a Flu Stop provider network. Click on the list of participating providers to find flu shot providers in the network (under the "How to set up a Clinic" section). If a group chooses a non-participating flu shot provider, the group assumes the risk of claims processing out-of-network, claims being rejected and assumes the responsibility for all expenses incurred through use of a non-participating flu shot provider.

I recommend reviewing all your health plans for preventative care coverage and the list of participating providers to make sure the flu shot is covered under preventative care and the provider you intend to use is included in the network. Other materials, including the FAQ and tools and resources, should help make your flu shot clinic a success.



## **STRESS RELIEF: DOES YOUR SCHOOL NEED IT?**

Everything going on with the economy, budget cuts, and changes in the schools - along with the rush of everything at work and home - things can get off kilter. Do you or your colleagues need to take time to slow down to learn how awareness, action and attitude can affect your life? There are simple changes we can all make by weighing in on balance in our lives.

**AWARENESS:** What are your body distress signals?

**ACTION:** Brush up on good-for-you lifestyle actions that can help you and others around you enjoy life better.

**ATTITUDE:** Life is not a rehearsal. Live it as best you can.

**STRESS RELIEF: WEIGHING IN ON BALANCE** is one of the new professional development seminars we offer to our members. Bring it right to your colleagues at your school site or enjoy it in our offices, we offer this seminar from 1-3 hours in length. *For scheduling and pricing, email Anthony Farag [afarag@resourcetraining.com](mailto:afarag@resourcetraining.com) or call 1-888-447-7032.*



# calendar of events



## november

	Creativity Night series - One Teacher's Journey Through Daily 5 Literacy ....	11/1
	SMART Level 2 .....	11/3
	Substitute Teacher Workshop-Day 1 .....	11/4
	Substitute Teacher Workshop-Day 2 .....	11/5
8386	Daily 5 Literacy Training .....	11/5
	Creativity Night series - SMORE: A Math Focus Using Daily 5 Concepts....	11/8
	Elementary & Secondary Math Cohort .....	11/9
8347	Becoming a Love and Logic Parent® - Day 1 .....	11/9
	Elementary & Secondary Reading Cohort .....	11/11
8420	Para Testing .....	11/12
	Creativity Night series - Guided Math= Stress-Free Weekends .....	11/15
	East Coast Elementary Math Cohort .....	11/16
8347	Becoming a Love and Logic Parent® - Day 2 .....	11/16
	Leadership Cohorts .....	11/17
8348	Childhood and Adolescent Depression: Hope for the Future .....	11/18
	East Coast Secondary Math Cohort .....	11/18
	Title I Network .....	11/18
	SMART Level 1 .....	11/18
	G/T Network .....	11/23
8347	Becoming a Love and Logic Parent® - Day 3 .....	11/9
	Thanksgiving Holiday - Offices Closed .....	11/25-26
	SERVS/Title Applications & Budget Trainings .....	11/24
	G/T Network .....	11/30

## december

8172	Wellness Coordinator Training .....	12/1
8173	Wellness Forum .....	12/1
6982	Spelling Bee Coordinator's Meeting .....	12/2
	East Coast Secondary Math Cohort .....	12/7
8322	Parent Education Coordinator Forum .....	12/8
8443	Lesson Creation Ideas on the SMART Board for K-3 .....	12/9
	Leadership Cohorts .....	12/15
	East Coast Elementary and Secondary Reading Cohorts .....	12/15
7005	Title I Network .....	12/15
	East Coast Elementary Math Cohorts .....	12/15
	Elementary and Secondary Reading Cohort .....	12/15
7004	G/T Network .....	12/16
	Christmas Holiday - Offices Closed .....	12/23-12/24
		12/27-12/30
	New Year Holiday - Offices Closed .....	12/31

## january

7289	Science Rocks! Conference .....	1/6
	Elementary and Secondary Math Cohort .....	1/11
7004	G/T Network .....	1/13
	Elementary and Secondary Reading Cohort .....	1/13
8349	The Gifts of ADHD .....	1/18
7143	Title I Conference .....	1/19
	Leadership Cohorts .....	1/19
	East Coast Elementary and Secondary Reading Cohorts .....	1/20
	MSTP Follow Up Training-Elementary .....	1/27
6982	Regional Chess Tournament .....	1/29

For more events,  
information or  
registration:  
[www.resourcetraining.com](http://www.resourcetraining.com)

**(320) 255-3236**  
**(888) 447-7032**

**OPEN**  
**Monday-Friday**  
**8:00am-5:00pm**

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**4150 2nd Street South,**  
**Suite 550, St. Cloud, MN 56301**

**Phone: (320) 255-3236**  
**Member Toll Free: (888) 447-7032**  
**Fax: (320) 255-2998**

[info@resourcetraining.com](mailto:info@resourcetraining.com)



## our mission

We build meaningful relationships that enrich members and equip them with tools for success.



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## IS COOPERATIVE PURCHASING A VALUABLE MEMBER BENEFIT?

By Anthony Farag, Sales Specialist & Trainer

Last fiscal year our Member organizations used our Cooperative Purchasing services to make over \$2.8 million in purchases. That is a 23% increase from the previous fiscal year. What are Members buying?

- light bulbs and lighting equipment
- food
- paper
- pens, pencils, scissors, glue and all kinds of classroom supplies
- all kinds of office supplies
- playground equipment
- Microsoft<sup>®</sup> and Adobe<sup>®</sup> software
- air filters
- copiers
- SMART<sup>®</sup> Boards and projectors
- extensive line of AV equipment
- electrical cables
- substitute placement systems
- web-based applicant tracking
- batteries of all types
- athletic and recreation equipment
- carpeting
- green cleaning equipment
- classroom science equipment
- online software training
- school and office furniture
- instant alert systems
- tools
- computers
- classroom audio equipment
- technology equipment
- recycling services
- web-based test preparation
- assisted foreign language training software
- and more...

Resource Training & Solutions' Cooperative Purchasing Program works in partnership with eight cooperatives around the state to find the best benefit for our members. Many of our vendors have already met the State Bid guidelines. In addition to competitive pricing and year 'round purchasing, buying through cooperative purchasing provides you an extra layer of service. We make sure that you are satisfied with your purchases and stand ready to help if you are not. As we make clear to all our vendors; "We work with the vendors but FOR the Members." With over 30 vendors in this program, our Members are seeing the power of Cooperative Purchasing now more than ever!



### INSIDE THE NEXT ISSUE:

LEEA

School Specialist Spotlight  
Superintendent Forum  
Title 1 Conference  
Cold Weather Safety  
...and so much more!

**SERVING OUR MEMBER SCHOOL DISTRICTS**

*Adding value...Maximizing resources*